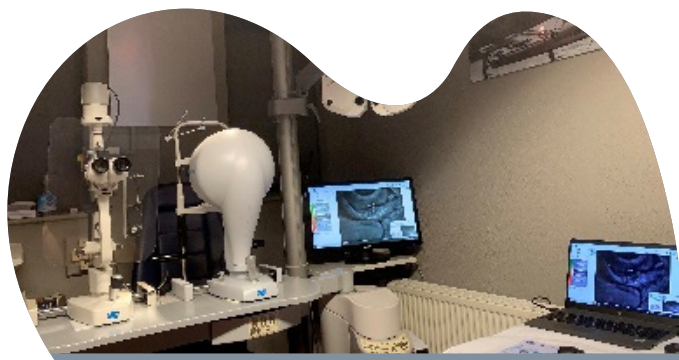


Burning, stinging, grittiness, watering, itching soreness, tired eyes – these may be Dry or Allergy Eye symptoms

SW & C Jackson Opticians of Nantwich provide specialist Dry Eye assessments.

These are provided in a dedicated Dry Eye Clinic by Mr Andrew D Price FBDO(Hons)CL MBCLA.

Mr Price is an educator in dry eye and contact lens practice, having presented internationally. He also has published clinical trials and authored numerous clinical articles, in addition to all of this he really likes helping patients!



Dry Eye symptoms

- Dryness, grittiness or scratchiness
- Contact lens discomfort
- Redness
- Fluctuating vision
- Soreness or irritation
- Burning
- Excessive tearing
- Eye Fatigue
- Light sensitivity



Dry/Watery or Allergy Eyes – help is at hand!

At SW & C Jackson Opticians of Nantwich, we offer a dedicated specialist evaluation of your dry or watery eyes. Effective treatment plans now offer help to the vast majority of patients with these conditions.

PLEASE ASK FOR FURTHER DETAILS.

What are the symptoms of dry, watery or allergy eye?

Symptoms can be varied in nature and degree, they can occur more in some environments and when doing certain tasks., Interestingly, many patients don't relate these symptoms to dryness or /allergy.

Common symptoms can include:

- Burning/stinging/grittiness
- Itching
- Light sensitivity
- Eye redness
- Variable vision/eye tiredness
- Contact lens discomfort
- Excessive watery eyes!

Sometimes these symptoms only occur, or are worse, in warm, dry, air conditioned environments or near potential allergy sources.

Certain tasks such as reading, using a computer or driving can also exacerbate the problems.

If these symptoms sound familiar, we can probably help

Meibomian glands – these are vital to healthy tears



What is causing the symptoms?

There is more than one form of Dry/Watery or Allergy Eye. In Dry Eye, there may be an insufficiency of quantity of tears, a reduction in the quality of tears or a combination of both. Recent research has shown the quality of tears to be the most common factor.

Factors that influence your tears

Influences can be:

- Diseases such as Rheumatoid Arthritis and Diabetes
- Hormonal imbalances
- Skin conditions
- Medications
- Increasing age
- Eye/lid infection/inflammation/allergy

Many patients have tried, without success, to address their Dry/Watery or Allergy Eye symptoms for many years. Probably trying some of the many drops, either prescribed or off the shelf. In many cases these have given little or no relief.

Following a specialist exam and treatment around **95% of patients** report a significant improvement or disappearance of the problem altogether.

Optional in-practice treatments available to reactivate tear-producing glands



How can we help?

Please get in touch to express your interest in a Dry Eye/Allergy Eye Assessment so we can arrange the specific appointment(s) required. This is not normally funded by the NHS so a private fee will be charged.

We will carry out a detailed assessment of Dry/ Allergy Eye, involving some of, if not more than, the following steps: which will include

- Health and medication history
- Symptoms/Past Dry/Allergy Eye treatments
- Tear quantity/quality assessments
- Microscope examination of the front of the eye

Next step

At end of the of the Dry/Allergy Eye Assessment we will discuss our findings and suggest a treatment plan with you. We will instruct you fully on how to obtain the best benefit on use from of therapyies you can do at home and/or discuss optional specialist in-practice treatments. then We will arrange a follow-up visit to assess improvement.

"After years of irritation my eyes are feeling normal again already" —Mr J Johnson

Contact Us

SW & C Jackson Opticians
43 - 45 Welsh Row, Nantwich, CW5 5EW

Tel: 01270 625889

Web: www.jacksonsopticians.com