



ZogniQ

WELCOME TO THE CUTTING EDGE

ZogniQ™ Guidance Notes

1. What Is Low Level Light Therapy (LLLT)?

Low Level Light Therapy is a non-invasive light-based technology that delivers specific wavelengths of light at low energy levels to support cellular activity.

Unlike high-energy lasers or thermal devices, LLLT:

- Does not ablate or damage tissue
- Works through photobiomodulation
- Stimulates mitochondrial activity
- Supports increased ATP production
- Encourages anti-inflammatory modulation

The mechanism is photochemical rather than thermal destruction or pharmaceutical action.

2. What makes ZogniQ different to other LLLT devices?

ZogniQ™ differs from other Low Level Light Therapy systems through its structured multi-wavelength platform, polarised light delivery and practical clinic design. Rather than relying on a single wavelength, ZogniQ™ combines red, near-infrared, blue and yellow light to support tear stability management, eyelid hygiene support and oil function productivity within one integrated procedure.

The system delivers polarised light, meaning the light waves are aligned in a consistent orientation rather than scattered, allowing for more controlled and efficient energy delivery to the peri-ocular tissues. In addition, ZogniQ™ operates without ongoing consumables, providing predictable costs and simplified integration into clinic workflows.

3. What Conditions Is ZogniQ™ Appropriate For?

ZogniQ™ may be appropriate for patients presenting with:

- Eyelid inflammation and redness
- Puffy peri-ocular tissue
- Poor eyelid hygiene
- Blocked or congested-appearing lid margins
- Patients undergoing routine Dry Eye management
- Patients requiring support alongside lid hygiene protocols
- Cosmetic concerns around redness and uneven peri-ocular skin tone



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4. How Does the ZogniQ™ Procedure Work?

ZogniQ™ combines four wavelength ranges, each selected for a specific supportive function:

Red Light (630–660 nm)

- Supports cellular repair
- Supports collagen
- Promotes an anti-inflammatory effect
- Assists with tissue recovery

Infrared (810–850 nm)

- Supports increased cellular activity
- Improves local blood flow
- Promotes cellular energy production (ATP support)
- Supports recovery processes in deeper tissue layers

Blue Light (405–450 nm)

- Helps maintain eyelid hygiene
- Works via a physical (non-chemical) mechanism
- Prevents the growth of bacterial colonies in the eyelid margins

Yellow Light (580–600 nm)

- Supports reduced visible redness
- Supports calmer-looking skin
- Promotes more balanced peri-ocular tone

6. What are the key outputs of each pre-configured selection?

Tear Stability Management: The red and infra-red wavelengths have a gentle deep heating effect and speed up the rate of cell activity which gives an anti-inflammatory effect:

- Supports relaxation of the eye-area tissues
- It helps to reduce puffiness of the eyes
- Speed up healing of inflammation and redness
- Assist with eyelid hygiene (in conjunction with eyelid cleansing)

Eyelid Hygiene Support: The red and blue wavelengths help to maintain eyelid hygiene and prevent the growth of bacterial colonies in the eyelid margins.

- Helps to keep the eyelid ducts open and clear.
- Designed to complement regular eyelid hygiene routines



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Oil Function Productivity: This combination of red, near-infrared, and yellow wavelengths support healthy-looking skin at multiple levels and speed up the rate of cell activity which gives an anti-inflammatory effect.

- Supports routine eyelid care when used alongside and as a boost to standard cleaning practices
- It helps to reduce puffiness of the eyes
- Speed up healing of inflammation and redness
- Helps promote a more balanced, even-looking complexion
- Supports the skin's natural resilience

7. How Long Is the Procedure Time?

A typical ZogniQ™ session lasts approximately 7-10 minutes.

8. How Many Sessions Are Recommended?

ZogniQ™ is delivered as a structured course of one session per week for four consecutive weeks. This weekly protocol allows cumulative support of eyelid hygiene, tissue balance and visible inflammation reduction while maintaining consistency within the patient's broader Dry Eye management plan.

9. Can ZogniQ™ Be Combined with Other In-Practice Procedures?

Yes, ZogniQ™ is designed to complement, not replace, existing in-practice procedures. It integrates effectively alongside heat therapy, manual gland expression and lid margin cleansing procedures such as ZEST®. In many clinics, ZogniQ™ can be performed prior to expression to support tissue relaxation and eyelid hygiene or incorporated as part of a broader Dry Eye management programme to maintain eyelid health between more interventional procedures. Its non-invasive, low-level light approach allows it to sit comfortably within layered strategies, supporting eyelid hygiene, oil function productivity and peri-ocular tissue balance without competing directly with other modalities.

ZogniQ™ supports eyelid hygiene and tissue balance. It does not treat Dry Eye Disease, MGD, blepharitis or infection, but may be incorporated as a supportive adjunct within broader management plans.

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