

STEP 1:

Go to <https://the-body-doctor.com/warranty-registration/> and register your device. This ensures you are listed as the owner of the device, receive product notices and updates, order replenishment kits.

STEP 2: CHARGE THE HANDPIECE

First time use: Charge handpiece fully until green light is solid.

Future uses: Recharge handpiece when amber light flashes. Charging is complete when green light is solid.

STEP 3: PREPARE FOR USE

- Remove eye makeup and wash hands.
- Press On/Off button on handpiece once, the tip will turn white
- Align opening on top of handpiece with peg on Soft Tip until it magnetically snaps into position. Confirm Soft Tip is firmly in place.



- Apply recommended lubricant gel or lid hygiene product to the Soft Tip.

**STEP 4: BEGIN TREATMENT**

Go to 4A for indirect method or 4B for Direct method, based on your doctor's recommendation.

STEP 4A: INDIRECT METHOD

- Close one eye gently
- Place edge of Soft Tip at intersection of upper and lower lids at the lash line and eyelid margin
- Press the "On" button.
- Move oscillating Soft Tip slowly with even pressure from one of side of the lid to the other for 30 seconds.
- Move to opposite eye and treat in same manner for 30 seconds.
- Press On/Off button to stop handpiece.
- Dispose used Soft Tip.

Note: Handpiece pauses after 15 seconds. Pauses are designed to give estimate on treatment length.

SUGGESTIONS

- Use a mirror until you are comfortable with tip placement.
- Be conscious of where you place the face of the Soft Tip prior to treatment.
- Unplug handpiece from the USB cable prior to treatment.
- Practise holding the handpiece to find what is comfortable for you.
- Keep the Soft Tip in contact with the lash line and eye margin for best results.

STEP 4B:**Treating Lower Lids**

- Select a lower lid. Pull lower lid down gently with opposite hand while looking up.
- Apply Soft Tip to lower lid edge and lash line.
- Press the "On" button.
- Move oscillating Soft Tip slowly with even pressure from one side of lid to other for 15 seconds.
- Repeat on opposite lower lid for an additional 15 seconds.

Note: Handpiece pauses after 15 seconds. Pauses are designed to give estimate on treatment length.

Treating Upper Lids

- Select an upper lid. Gently close lid. Pull up slightly on the lid for access to whole upper lid margin.
- Apply edge of Soft Tip to upper lid edge and lash line.
- Move oscillating Soft Tip slowly with even pressure from one side of lid to other for 15 seconds.
- Repeat on opposite lower lid for an additional 15 seconds.
- Dispose used Soft Tip.