

KEY BENEFITS & FEATURES



Product	RRP	Uses	Classification
The Eye Doctor® Essential	£10.00	200+	Class 1 MD

What is The Eye Doctor® Essential?

The Eye Doctor Essential® reusable antibacterial hot and cold eye compress provides effective relief for a range of eye conditions, including Dry Eye Disease, Meibomian Gland Dysfunction (MGD), and Blepharitis. Utilizing patented Sterileyes® technology, this eye mask features an antibacterial shield clinically proven to reduce harmful bacteria by up to 99.99%. The incorporation of POLYGIENE Stay-Fresh Technology binds antimicrobial protection to the fabric's fibres targeting microorganisms responsible for eye infections and Dry Eye development. This ensures a hygienic and safe experience with every use.

Suitable for?

The Eye Doctor® Essential is suitable for Dry Eye Disease, MGD, Blepharitis, Chalazions and the associated symptoms, grittiness, irritation and sore eyes. Use cold for Inflammation, Headaches and Migraines.

Pack Includes

- Antibacterial eye compress with Sterileyes®
- Eyelid wipes

Product Benefits

- **Enhanced Hygiene:** The antibacterial properties of the compress and the sterilising technology provide a cleaner, safer experience for the user.
- **BodyBeads® self-hydrating technology:** Unlike grain or seed filled products, BodyBeads absorb moisture from the air to deliver moist heat that penetrates deeper into the eyelids.
- **Effective Relief:** The hot or warm application of the compress can help in alleviating symptoms of dry eyes, reducing discomfort, and promoting better eye health.
- **Convenience:** The reusable nature of the compress and the inclusion of eyelid wipes make this treatment pack a practical and cost-effective solution for maintaining eye hygiene.
- **Can be used both hot and cold:** If required the mask can also be cooled in the freezer for cooling refreshment.
- **Antimicrobial Properties:** The fabric of the compress is designed to combat the three primary microorganisms responsible for eye infections and conditions like dry eye syndrome. This feature helps in preventing infections and promoting overall eye health.



FAQ's

What is Sterileyes® antibacterial protection?

The Sterileyes® fabric is antimicrobial to the three leading causative microorganisms of eye infections and that associated with dry eye development.

Sterileyes® is an antibacterial shield on the compress, permanently bound to the fabric fibres and clinically proven to reduce potentially harmful bacteria by up to 99.99%. The patented, stay fresh, skin friendly technology inhibits the growth of odour-causing bacteria. Sterileyes® does not interfere with your skin's natural bacterial flora.

What are BodyBeads?

BodyBeads are a medical grade silica, using self-hydrating technology to absorb moisture from the air. When BodyBeads are heated they release a moist heat onto the eyelids to effectively relieve your eye conditions.

What temperature do the compresses reach?

After following the heating instructions, the compresses will reach the optimum temperature to treat conditions identified.

How often should I use my compress?

Use for 7-10 minutes, twice a day for two weeks. This can be reduced to once a day and then a couple times a week as required, once symptoms have been alleviated.

Reminders & Precautions

- Head straps on the eye compresses may contain latex rubber.
- Refer to the instructions for heating times.
- Remove contact lenses before using.