

## KEY BENEFITS & FEATURES



Product	RRP	Size	Concentration	Severity	Shelf Life	Usage
Optimel Manuka Honey Eye Drops	£22.00	10ml	16.5% Manuka Honey	Mild to moderate Dry Eye	Minimum 2 Years. Use within 2 months of opening	The drop is to be used 2x a day for 8 weeks. At check up you can reduce to maintenance level of 1-2x a day

### What is Optimel Manuka Honey Eye Drops?

Optimel Manuka Honey Eye Drops target bacteria that may damage the eye surface by reducing the eye's pH level limiting bacterial growth. The drops create a microenvironment on the eye surface that supports healing and inhibits further damage. In the same way these eye drops also support eyelid hygiene by limiting bacterial growth, resulting in a reduction of inflammation and irritation around the opening of the meibomian gland ducts.

### Suitable for?

The Optimel Manuka Honey Eye Drop is for use when a patient has chronic dry eye and is symptomatic and/or experiences recurrent infections with or without contact lens use. It has been specifically formulated to offer relief and support for individuals dealing with various eye conditions.

- **Evaporative Dry Eye Disease:** The drops work to alleviate the discomfort associated with evaporative dry eye disease, which is often caused by issues with the tear film's lipid (oily) layer.
- **Aqueous Tear Deficiency:** For those experiencing a lack of sufficient watery tears, The Optimel Manuka Honey Eye Drop helps in providing moisture to the eyes, addressing the symptoms associated with aqueous tear deficiency.
- **Meibomian Gland Dysfunction:** Optimel Drops is beneficial for individuals with meibomian gland dysfunction, a condition where the oil-producing glands in the eyelids do not function properly, leading to poor tear quality and discomfort.
- **Blepharitis:** Optimel Drops aids in managing blepharitis, an inflammation of the eyelids that can cause irritation, redness, and crusting. It works to reduce bacterial overgrowth on the eyelid margin associated with this condition.
- **Corneal Erosion:** Optimel Drops are suitable for individuals dealing with corneal erosion, providing a soothing and protective effect to the cornea, the transparent front part of the eye.
- **Colonized Ocular Surface:** Addressing issues related to bacterial colonization on the ocular surface, Optimel products contribute to maintaining a healthier eye environment and reducing the risk of inflammation.

### Ingredients

#### **16.5% Manuka Honey, Sodium Chloride, Benzoic Acid and Purified Water.**

Manuka honey's active ingredient helps to stabilise eye health by creating a microenvironment on the ocular surface. The formula is designed to prevent further damage and limits bacterial growth.



### Results & Patient Feedback:

- Slit lamp observations: cleaner lashes, reduction of puffiness (oedema) on the lids, more stable tear film.
- Patient Feedback: Patients reported their eyes felt more comfortable, whiter and irritation significantly improved. They also reported less infections after using Optimel Manuka Honey Eye

### FAQ's

#### Why Manuka Honey rather than any other type of honey?

Manuka Honey has the most antibacterial properties.

#### How is Optimel certified?

It is a pharmaceutical grade honey, tracked back to the individual beekeepers. It does not fall under the UMF certification but rather it is graded by its natural antibacterial activity.

#### What causes the stinging in Optimel Products?

Manuka Honey has a low PH level, it is the organic acids that causes the stinging. These acids are valuable to aid the natural antibacterial properties of the Manuka Honey, the stinging diminishes with regular use. To reduce the sting, The Eye Doctor's Intensive Relief preservative-free eye drops can be used before applying Optimel.

#### Should I use alongside my artificial tears?

Optimel is not a lubricant it is a hypertonic eyedrop with healing and cleaning properties therefore a lubricant is required. it can be used alongside The Eye Doctor's Intensive Relief preservative free eye drops. Over time Optimel reduces the requirement for lubricants.

#### Can Optimel Eye Drops be used for contact lens wearers?

Refrain from applying the drops while wearing contact lenses. t's recommended to wait at least 30 minutes before putting your contact lenses back into your eyes. This waiting period allows the product to take effect or dissipate, reducing the risk of irritation or adverse reactions with the contact lenses.

#### Can I use Optimel Eye Drops if I wear eye makeup?

While using Optimel Eye Drops, it's advisable to apply eye makeup after the drops have been administered. Avoid contamination of the dropper tip with makeup.

### Reminders & Precautions

- The product is intended for use by a single individual.
- If you experience anything other than temporary stinging and redness, stop using the product and contact your eye care professional.
- Do not use if you have a history of hypersensitivity or are sensitive to honey, food gums, benzoate preservatives without consulting a medical professional.
- Do not use the product while wearing contact lenses. Wait at least 30 minutes before inserting lenses after using the product.

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