

NuLids Pro: Step by Step Practice Guide



NuLids[™] PRO

STEP 1: CHECK

What to do:

Using 12x magnification (slit lamp), inspect the eyelashes

Look for:

- Collarettes
- Biofilm
- Debris (a sign of bacteria or mites)

What to say to the patient:

"You have debris in your eyelashes, which indicates an overgrowth of bacteria or mites."

STEP 2: SHOW

What to do:

1. Take a close-up image of the lash line using a digital slit lamp, QuikVue Plus or IDRA if available. If you do not have access to digital imagery, show the patient an example of what you have identified.
2. Show the image to the patient and explain your findings

What to say:

"This debris is a clear sign of inflammation. If left untreated, it can cause long-term issues. We can perform a fast, painless, and affordable eyelid treatment right now while you're here. It typically keeps the issue under control until your next visit."

If the patient hesitates or refuses:

"I'm concerned enough that I'd like to treat one eye at no charge today. We'll follow up in a few days. If you notice the treated eye improves, you can return for the second treatment and we'll proceed with a full dry eye workup."

STEP 3: TREAT

What to do:

1. Perform the NuLids PRO procedure
2. Use one set of NuLids PRO disposable tips
3. Apply NuLids Gel
4. Treat both eyelids per protocol
5. Total time: ~2 minutes per eye

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