



# The Eye Doctor® Advanced Triple Action Eye Drops

## INSTRUCTIONS FOR USE

### What The Eye Doctor® Advanced Triple Action Eye Drops is and what it is intended for

The Eye Doctor® Advanced Triple Action Eye Drops is a lipid microemulsion eye drop intended for treating and preventing symptoms and signs of moderate and severe dry eye. Dry eye is a 'vicious circle' condition where excessive evaporation of the tear film causes small spots of very high osmolarity. Tear film instability and hyperosmolarity induce ocular surface

inflammation and damage, accompanied by uncomfortable sensations of itching, burning and grittiness of the eyes, and blurred vision. The lipid microemulsion has been designed to counteract all major factors that maintain the disease. By first breaking the 'vicious circle' through normalisation of stability and osmolarity of the tear film, ocular surface cells can recover from damage. Hyaluronic Acid, Trehalose, and Glycerol bind water in the tear film, and with the mildly hypotonic (low-osmolar) solution

they bring tear osmolarity to a safe level. Sacha Inchi Seed Oil strengthens the tear film lipid layer to prevent further tear film evaporation and hyperosmolarity and to restore its rapid spreading by lowering surface tension. The oil and the high-molecular-weight hyaluronic acid provide extended retention and stabilisation of tear film lipid and mucous aqueous layers. Hyaluronic Acid, Trehalose, and natural antioxidants of Sacha Inchi Seed Oil also assist ocular cells in recovering from inflammatory damage. Settled

inflammation decreases redness in the conjunctiva and the eyelids. In most patients with severe dry eye, the eyes should feel significantly more comfortable after 10-30 days; this effect has been proved in a clinical trial to be achieved with frequent use of the eye drops as instructed below. Also, the vision will be improved in eye-straining conditions. Manufactured by the proprietary DEMET™ microemulsion technology developed by Oy Finnsusp Ab, the solution is optically clear and with optimal viscosity (no

shaking of the bottle is needed and no blurring of vision), with optimal surface tension, potassium ion concentration, and omega-6/omega-3 unsaturated fatty acid ratio to support the healthy condition of your eyes. Naturally, it is free from preservatives and can be used with contact lenses – the lenses need not be removed from the eyes. The bottle does not contain materials that release silver ions in the eyes. The Eye Doctor® Advanced Triple Action Eye Drops is a sterile CE marked medical device.

### Instructions for use

Tear off and discard the seal of the cap to open the bottle for the first time. Open the cap. Practise handling of the bottle before the first application. Gently squeeze the bottle in tip down position only. Squeeze the bottle with increasing force until a drop builds up at the tip and falls off. Apply 1 drop in both eyes 3-4 times daily. Shake the remaining drop off the tip and then close the cap. Do not put the cap on until the bottle has got its original round shape (replacement air is flowing in the bottle). A

small liner pad inside the cap ensures that the next drop you take will be fresh and clean. The contents should be used within six (6) months from opening and by the expiry date.

### Precautions and warnings

- Do not use if the bottle is damaged.
  - The bottle should be used by one user only.
  - Do not touch the eye or contact lens with the tip of the bottle. Do not touch the tip of the bottle with fingers.
  - Do not squeeze the bottle with cap on.
  - Do not use after the expiry date printed on the bottle
- and carton box or after discard date (6 months from opening).
- If you experience blurring of vision just after application, please wait a moment before continuing activities that require clear vision. Blurring should be mild and temporary only.
  - Wait at least 15 minutes between possible applications of other ophthalmic medication.
  - After application, do not put the cap on until the bottle has got its original round shape (replacement air is flowing in



the bottle).

- Keep out of reach and sight of children.
- Store at 5–30 °C. Store under recommended conditions at all times. Protect from direct sunlight and freezing.
- Discard the empty bottle appropriately.
- The manufacturer, Oy Finnsusp Ab, quality@piiloset.fi / tel. +358 2 489110, must be notified of serious adverse events related to use of the product.
- The Medicines and Healthcare products Regulatory Agency, aic@mhra.gov.uk (for the UK), and Health Products Regulatory Authority, devicesafety@hpra.ie (for Ireland) must also be notified of serious adverse events related to use of the product.

### Contraindications

Do not use if you are sensitive to any of the ingredients. If in doubt, consult a healthcare professional.

### Composition

0.1% sachalin (Plukenetia volubilis) seed oil, 2% trehalose, 0.2% high-molecular-weight hyaluronic acid, glycerol and emulsifiers polyoxyethylene sorbitan monooleate and sorbitan monooleate in sterile and hypotonic trometamol/citrate buffer emulsion. Contains no preservatives, alcohol, phosphates, borates, mineral oil, or materials of animal origin.

Total volume:  
10ml, 300 drops

Latest revision:  
09/2023



Observe instructions for use



Read warnings and cautions in instructions for use



Store between 5 and 30 degrees Centigrade



Class II device that conforms with EU CE Mark



Manufacturing date (MM YYYY)



Manufacturer



Keep out of sight and reach of children



Keep out of direct sunlight



Can be used up to 6 months after first use



Expiry date (MM YYYY)



Medical Device



For use by one person only



Product is supplied sterile by aseptic filling



Batch-number



THE QUEEN'S AWARDS FOR ENTERPRISE

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### UK Responsible Person:

Emergo Consulting (UK) Limited  
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### Distributor:

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